

# CAPE TOWN AQUATICS

## 2024 – 2025 Swim Meet Calendar – Version 12 - FINAL



MAY 2024							JUNE 2024							JULY 2024							AUGUST 2024							SEPTEMBER 2024							OCTOBER 2024						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4							1		1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
																												30													
NOVEMBER 2024							DECEMBER 2024							JANUARY 2025							FEBRUARY 2025							MARCH 2025							APRIL 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
				1	2	3							1			1	2	3	4	5						1	2						1	2		1	2	3	4	5	6
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9	7	8	9	10	11	12	13
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16	14	15	16	17	18	19	20
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23	21	22	23	24	25	26	27
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30	28	29	30				
							30	31																				31													

**CTA Performance Training Camp:**

11-12 May 2024

3-4 August 2024

1-3 November 2024

1<sup>st</sup> – 2<sup>nd</sup> February 2025

The camps will be divided into 2 sessions held at UWC,

Level 2 Athletes with their coaches, Saturday 8am – 9.30am, Sunday Morning 8am – 9.30am

Level 3 / SANJ & Above - Athletes with their Coaches, Friday 16h00-18h00 / Saturday 06h00-08h00 & 14h00-15h00

**MAY 2024**

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
04					
11-12	CTA	High Performance Camp 1-(Level 2 & Above)	UWC		
18	CTA	CTA – Junior Series #1 (Level 1& 2)	TBC		
17-19	SSA	SSA – Grand Prix (Long Course)	TBA		
25-26	CTA	CTA – QT Meet #1 (Level 3 & Above)	Generations		

**JUNE 2024**

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
01					
09					
15-17	CTA	CTA Invitational Short Course Meet	Generations Short Course		
15-18	NMA	PEA – Invitational Meet	Newton Park-Long Course		
22	CTA	CTA – Junior Series #2 (Level 1&2)	TBC		
29					

**JULY 2024**

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
05-07	WCA (CTA to BID)	WCA SC CHAMPS	Generations		
13	CTA	CTA Junior Series #3 (Level 1&2)	TBC		
20					
27-28	CTA	CTA – QT Meet #2 (Level 3 & Above)	Generations		

## AUGUST 2024

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
2-4	CTA	High Performance Camp 2 – (Level 2 & Above)	UWC		
3	CTA	CTA Junior Series #4 (Level 1&2)	TBC		
08-10	CTA	CTA H2o – Water Polo Tournament	Generations		
17					
24-25	CTA	CTA QT Meet #3 (Level 3 & Above)	Generations		
31					

## SEPTEMBER 2024

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
7-8	CTA	CTA QT Meet #4 (Level 3 & Above)	UWC		
14	CTA	CTA Junior Series #5 (Level1&2)	TBC		
21					
21-24	SSA	SA Short Course National Championships	TBA		
26-29	CTA	CTA Water Polo Invitational Tournament	Reddam House, Constantia		
27-29	CTA	CTA Invitational Long Course Meet	UWC		
28					

## OCTOBER 2024

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
5	CTA	CTA QT Meet #5 (Level 3 & Above)	UWC		
12					
17-20	EDEN	FREDA BARNARD	OUDTSHOORN		
19					
26	CTA	AQU AZZURRA FOUNDATION OPW – 1.5km / 3km / 5km	ELGIN SPORT CLUB, GRABOUW		
27	CTA	CTA Junior Series #6 (Level1&2)	TBC		

## NOVEMBER 2024

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
1-3	CTA	High Performance Camp 3 – (Level 2 & Above)	UWC		
8-9	CTA	CTA District Championships A&B Levels	UWC		
16		CTA Club Hosted Meet – By Application	TBC		
23	CTA	AQU AZZURRA FOUNDATION - OPW – 10km / 7.5km / 1.5km Relay	ELGIN SPORTING CLUB, GRABOUW		
24	CTA	AQU AZZURRA FOUNDATION - OPW – 5km / 3km / 1km	ELGIN SPORTING CLUB, GRABOUW		
30		CTA Club Hosted Meet – By Application	TBC		

## DECEMBER 2024

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
01					
07		CTA Club Hosted Meet – By Application	TBC		
13-17	WC Aquatics	Western Cape LC Championships	TBA		
21		CTA Club Hosted Meet – By Application	TBC		
28					

## JANUARY 2025

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
04		CTA Club Hosted Meet – By Application	TBC		
10-11	Nelspruit	SSA – Grand Prix	Nelspruit		
11-12	CTA	Wendy Way Junior Level Champs - SC	TBC		
15		<b>SCHOOLS OPEN FOR 1<sup>ST</sup> TERM–2025 ACADEMIC YEAR</b>			
18-19	CTA	AQUA AZZURRA FOUNDATION - OPW – 10km / 3km / 5km / 1.5km	ELGIN SPORTING CLUB, GRABOUW		
25-26	CTA	CTA QT Meet #6 (Level 3 & Above)	UWC		
31					

**FEBRUARY 2025**

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
01					
01-02	CTA	High Performance Camp 4 – (Level 2 & Above)	UWC		
08	CTA	Brain Button Last Chance QT-Meet	UWC		
07-09	KZN	Midmar Mile	KZN Mid-lands		
15					
14-16	CTA	CTA Grand Prix (L2+) Long Course	UWC		
22					

**MARCH 2025**

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
01					
01	WCA	SSA Level 1 Provincial Champs	TBC		
08					
7-9	SSA	SSA Open Water Champs	TBC		
	SSA	SA Masters Swimming Championships	TBC		
15	CTA	CTA Junior Series #7 (Level1&2)	TBC		
14-18	SSA	SSA Junior Nationals Championships	TBC		
21		Public Holiday	Public Holiday		
22					
20-23	SSA	SSA Level 3 Regional Championships	TBC		
28		SCHOOL CLOSURES FOR 1 <sup>ST</sup> TERM			
27-29	SSA	SSA Level 2 Regional Championships	TBC		
29					

**APRIL 2025**

Date	District	Event	Venue	CTA Clubs Entry Deadline	Districts Entry Deadline
5	CTA	CTA Junior Champs	TBC		
8		SCHOOL OPENS FOR 2 <sup>ND</sup> TERM			
7-12	SSA	SSA Nationals	TBA		
12					
18-21		Easter Weekend	Public Holiday		
		SA SCHOOLS CHAMPIONSHIPS	TBA		
26	WCA	WCA INTER DISTRICT LEVEL 1 CHAMPS	TBA		